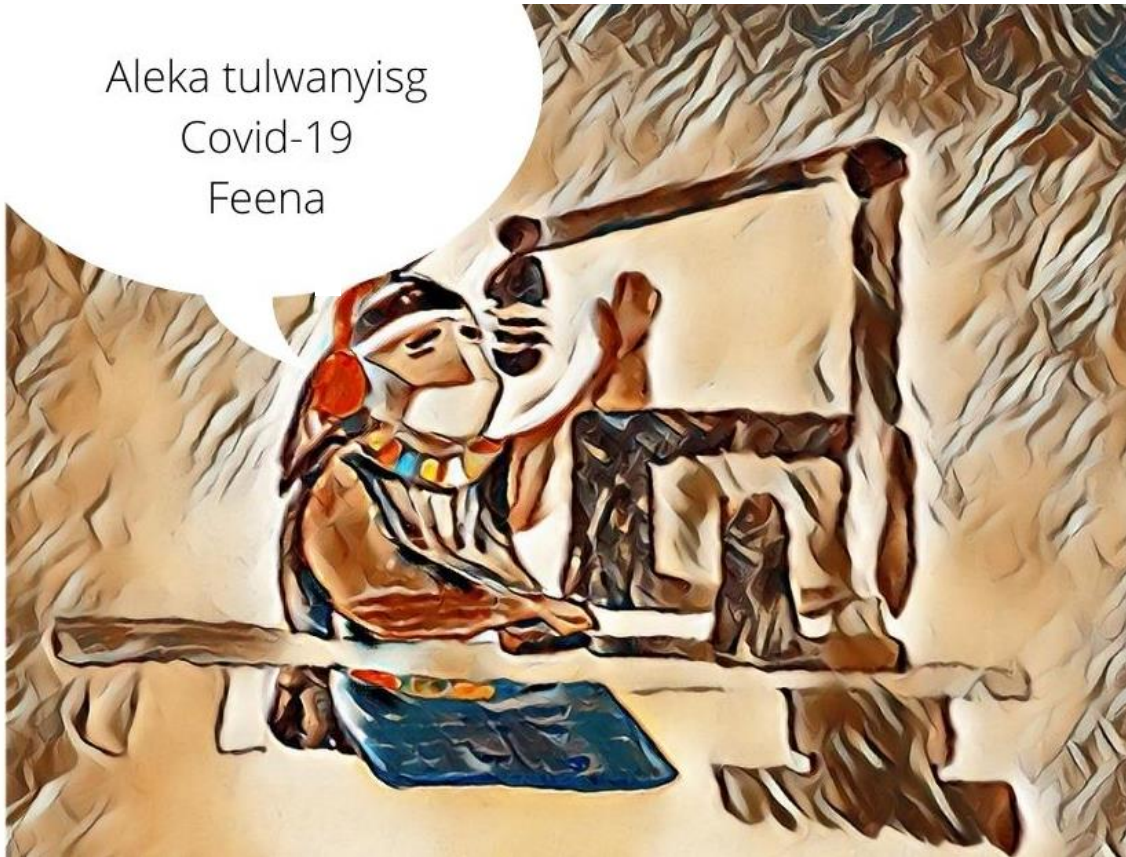




Aleka tulwanyisg
Covid-19
Feena



**Ensibuko ya radiyo sitesoni, zekitundu kyo ekutusako engesi
y'okulwanyisa covid-19 mu kiseera kino**

Cultural  Survival



Ensibuko z'ebitundu zisisinkans okusomozebwa kulwekirwadde kye covid19 ki namutaa.

Aba cultural survival kakola nga bwekisoboka okuyamba ensibuka ya radiyo sitesoni z'ekitundu kyo ekisobola okuletawo enjawulo ennene mu ngeri ensibuko y'ebitunda gye kwasaganyisamu obulumbaganyi ...

Radiyo z'ebitundu kikozezebua kya menyi eci ensibuko yabantu okuleji eddembe iyobumalirivu bwabwe, eddembe , lyebwe okweyelesa, okuwuliza obubaka obulunyi, obwomugaso, esa obwommugaso neri abkitundu.

Okumanya ge manyi nabuntu badizibwamu amanyi nokuyita mu radiyo.

Galina Angarova
Executive Director
Cultural Survival



Endagiro esinga obulungi okukozesa mu covid-19

Endagiriro eno erabika okubera ekikozesebwa okuyamba ubatusa obubaka eri abantui okwanganya n'okulumba covid-19 mu mirimu gyatuse egya bulijjo.

OMULAMWA OMUKULU:

Okutekwa ekikozesebwa kyempaliziganya mu nsibuko zebitwidu okubulira e'okusisinkana ebyalatebwa covid-19

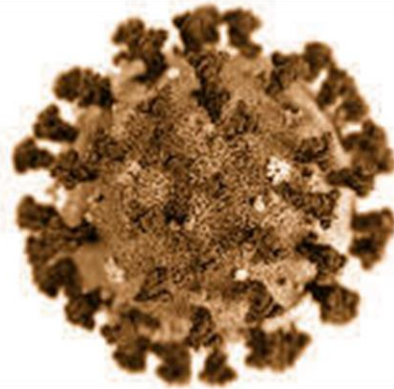
EKIBIINA:

Eno engeri yabakozi ba terefayina, abagezi, abubaka ka bantu mu nsi yenna ku lw'okwekuma mu kaseera ka covid-19.





COVID-19



Omuntu alumbidwa endwadde namutt empya eyitibwa covid-19 , Eddagala erimugema fikyali mu kukolebwako



Eri gavumenti mu ni zoma batesewo emitendera egyobuliwo okukugira abantu ekwesemberera, ebintu byabulijjo, ebyobufuzi, nebirala bitabuse.

Kunu okueralikirina kwensi yonna kutuletera ensibuko y'abantu okuginywersiako n'okuterse enkolagana yaffe n'ensi. Leka tutekewo era tuzimbe engesi endala eyokuberawo etwatiramu emusimun gy'obantu abutakosa ibutende.



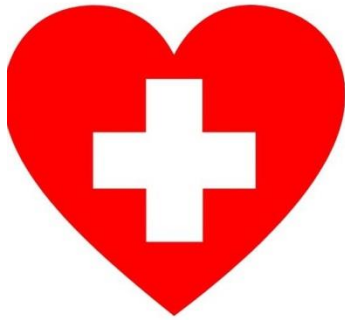
Ensitukoyempewo z'ebitundu bukola omulimu emulungi mu kaseera kano mu kusionkana emitendera egy'obuyenjjo, abowereza batekedwe ekuwa obutaka obulunyi nga butegereteka ate nga bwampisa cultural survival bakunganyiza engeri eno kulusimbeera eriwo , okulaga omulimu gwa radiyo n'omugaso, nokekuume kwalouesezo.

Jukira , izmitendera, egirondedwa mulimu ekwewala omuyuzo, okwewa amabanga emotufu, okunaba engalo zaffe bulwigi n'okukozesa obukokolo (face mask).



Amanyi n'obunafu

Enkyukakyuka eno eretawo akakisa k'okutundera obunafu n'amanyi gabantu



Obuteba na ndobiira y'obulamu, eddagala, amazzi g'okunywa n'obubaka obutufu butufuula abanafu



Obulunyi bwabantu, emmere, eddagala ly'ekinansi n'okubeera. Ge manyi gaffe.

Cultural survival egabana enkola ena ega akwalagina ku birwe katuamanya emulimo guti radiyo n'omugase gwayo n'ebyekerinda kwabakozi.

Mu gwe osebola okufuna endagire oba enkola y ouziyiza mu mpuliziganya ya radiyo mu kaseera ka covid-19.

Kimu emitendera ebiri. Omutendera egusoka gugenda eri abekozi ba radiyo n'omuntu owabulijjo.



Omutendera ogwokubiri yenkela eyobure manyizibwa n'empisa mu bantu.

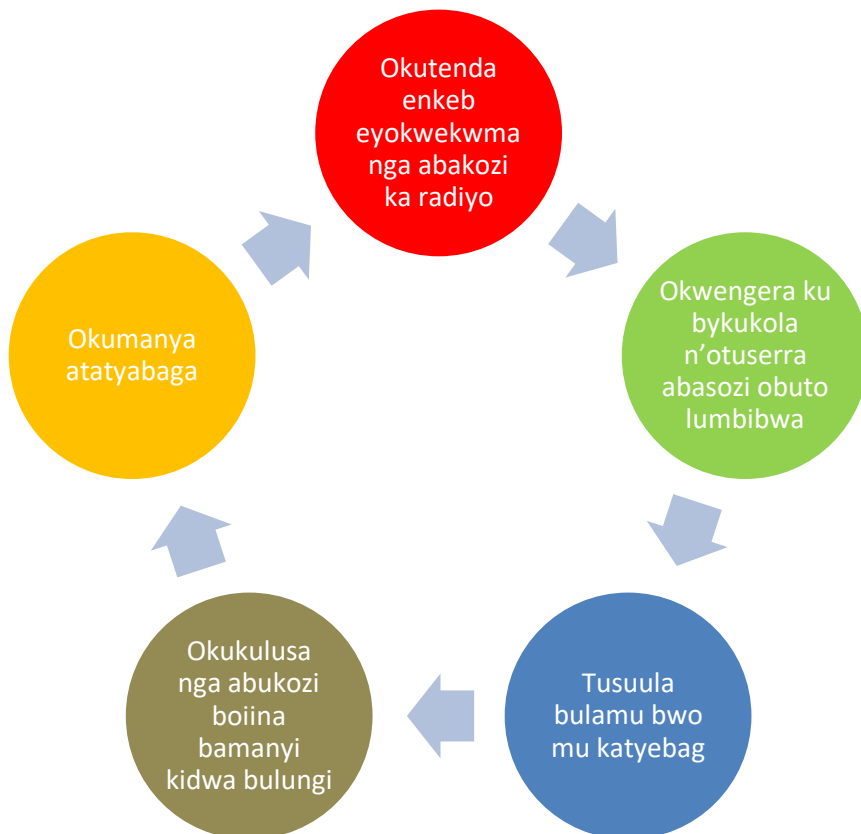




Ekitundu ekisooka

Abakozi ba radiyo n'abayambi kiki ekibinjo kya radiyo kyebayina okukola?

Okwebuuma kyekisooka!



Okutonawo enkola eyokwekuma nga abakozi ba radiyo

Kiba kirungi okukola kwo nga ekibinga , okuteeka mwokola ebirangiro ebya world health organization (WHO), ebya govumenti yakuntiko, abebyobulamu nabebyokuyinza mubuli nsi.

Manya akatyabaga

Bwotambula nu bantu, kakasa nga ogeberera emitendera egyatekelisawo abakulembeze b'ebitundu, nababayinza . eno yengeri escoko eyokukwma.



Kakose nga abakozi ba manyikidwa bulungi

Omukozi aine okubeera n'ebimuegerere ka olulungi munda oba ne wabweru wa situdiyo.

Toteka bulamubwo mu katyakaga:Obulamubwo bwamugaso okusinga eddobozi lya radiyo

Towayo bulamu bwo mu bifo ebyakatyabaga akangi, mpozzi nga china ebyokwekuunia , jukira nga abawereza bantu era nabo balwala

Okwengera ku byukkola n'otusera abasozi obuto lumbibwa

Oba ngapkibinja kirimu abakozi abamu abakuliridde mu miyaka oba nga omukozi alina obulwadde, balina okuweebwa emirimu emicala bagikaleenga evaka

Yonja ekifo mwokolera buli kiseera

Kola entekateka okuyita mu kusengeka obutagenda mu ku kwata amalotozi

Mwewale okuleeta abantu abasuka ababiri mu radiyo

Fuyira ebikozesebwa bulikisrepra

Kozesa ebiziyiza empelco aba sipongi ku kazindaalo

Yonja ekifo mwokolera buli kiseera

Kezesa walagi ngnoutabudde ebitundu 70%, osobola nokukozeso chlotini ngomutabudde mu mazzi.

Kola entekateka okuyita mu kusengeka obutagenda mu ku kwata amalotozi

Omuntu avunanyizibwa akwate amalobozi agagatanganye okutuuka ku kazindaoala, kino kifulumya edobozi edungi okusinga esimu, buemuba temulina bikozezebwe, kozesa esimu nga engeri endala. Osobola n'okufuza engeri endala okuyita ku mutinibogosa ogwa: www.giss.tv

Mwewale okuleeta abantu abasuka ababiri mu radiyo

Abagenyi ba situdiyo bongera ku mikisa egyokusasanya obutwadde, yaniriza omugenyi owersonda yeka , eba sikyo mubikolere ku masimu.

Avoid bringing more than two people into the radio

Studio guests increase the chance of spreading infection. Invite only essential guests, else revert to doing interviews via telephone.

Part II

Abantu abonagondera ebiragiro oba abayambi

Mukitundu kino, tukometereza emitendera ngyatuwebwa aba (world health organization). Ekitongole ekyebyobulamu era nebasalawo mutendera egyokukolereza ,kulwokusemu covid-19 ekitibwa. Olwo eno abantu abawereza basobole.



Kuzesa ebiziyiza empewo oba siponyi ku kazindoalo

Oluvanyuma Iwa pulogulamu ka kirungi okukyusa sipongi yatazindaalo oba gwambaze akasuwo akalala eri buli mugenyi.



Bera wabuvunanyizibwa

Fuyira buli bikozezebwa oluvanyuma twokugezezebwa. Otekedwa okukozesa akagaye nga kanyikidwa mu walangi ku bantu. Osokola okugula weragi eno mu matundire g'umalagala.



World Health Organization



Mutunulire obubaka obukwata ku kirwadde n'ebiragiro by'ekitongole kyebyobulamu

Jukira nti gwe boli mukuju oba omusawo ku kirwadde kino nduce kola okunoonyereza n'abebyobulasi mu kitundu kyo, abasawo b'endwadde nga zino abasawo abakyoola, abakola eddegala erigema n'abasawo, b'omubiriabasobola okunyangola ku kirwadde kino eri abantu. Okwereza nobuvunanyizibwa so si mungeri etali ya mpisa.



AMAWWULIRE AMAFU

Mwloaka amuwulire amafu oba okwuena amawulire.
Ekitongole ekyebyobulamu. Bulese ekigam infodemiki okulaga okuwereza kwobubaka obukyamu n'obubaka obutaliyo obutambula mu mikutu n'ebituuti.
Obubaka obukyamu n'obubaka obw'obulimba buletawo obutabanguko n'okusalawo okukyamu eri abawuliriza ekisobola okukosa obulamu bwa buli muntu.

Mukozese enkola y'eddagala tykumansi

Tulina amagezi k ngeri gyetuyinza okuzimbamu obutafoal bwomumibiri ekuba obuamanyi nga tukoze emmere oba edagola.
Mubuze abasawo bekinansi oba abagezigezi.

STIGMA

Kulwakino, tubakutira okubeera abegendereza n'olulimi tuetukoze okuwola okukoze egaranga ly'omuntu emmere okusenguka kwomuntu kulwembere yobulamu.





Radiyo eyamba ku ddembe ly'omuntu

Radiyo etetawo okumanyikwa kwe'buntu nga esamu ekitiibwa eddembe ly'omuntu nokuwereza kwobubaka.



Wereza obubaka buno okuyita mu kulimi lwekitundu kyo n'olulimi luensiyo.

Obubaka obuweredwa mu omuzaffe bwebusinga era butegerekeko mangu , bera ensibuko y'obubaka obulungi eri ekitundu kyo.

Bwewaba omutu atayogera lulimi lwo. Amanyi gatekedwa okulabisibwa nga banoonyi omuntu alwogera.

Ku nkomekerero yobubaka buno tujjakugabana emikutu egirina obubaka obalungi.





Twewale okuwowukona

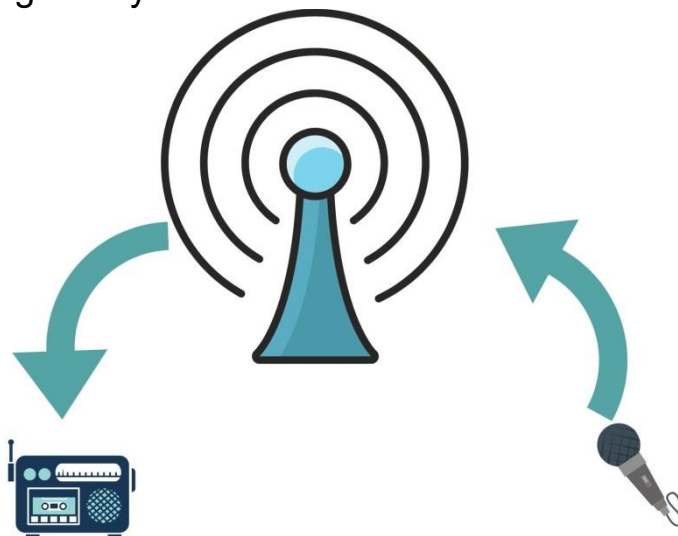
Kulwesibuko yakiwuka kino emukutu mingi mutandikwa bali bakiyita. Atawuka kabakyeyina' kini kyaletowa enjalukana mu mawanga mu nsi yonna ekikosa abantu benshi eyo.

Mwewale okuwereza ebitalina musingi.



Abaseera kano wabico obigezako okujja sente mu bantu , kisoboka okubeera nga zira eri abantu oba ekibina kyonna. Okugeza nga eddagala. Oba nga omuntu yenna akakosa mbu asobola obuwanye ekirwadde.

Ng'omuwereza tutekedwa oku babuza ebibuzo , nga tugerageranya abubaka bur n'edagala eryekimansi.





Okuloopa okusinzira ku nono z'obuntu

Bwewabanga omuntu yenna alina obubonera oba nga yafudde covid-19, tubakatira okwenyanga ekizibu kino nga tusamu ekitubwa abenyumba n'omuntu yenyini.

Manya buwanvu ki bwoyinza okugenda n'ebibuzo byo weteke mu ngato zoyo.

Wayo obubaka obungi bwojunye mukitundu kyo okuva mu bobuyinza. Wereza emitendera ekikezesedwa mu dale yensi, ekitundu oba abantu, ngoyogera ku bikolwa ebitekedwa kukolebwa mu kiseera kino.

Jukira , radiyo lutindo okutegeza abantu ku bulungi bwokumanyi obubonera abantu abalina obubonero. Okwekerebeza kulungi nyo okwewala okusigibwa n'okwkuma abakwatidwa obulwadde.

Mutondewo pulogulamu nzi lwanyisa okutyobola eddembe tyabana oba abakyoala.

Kanti nga buetuli fifena tufuna tufuna emisango mingi bera eddobozi lyekitundu kyo, obukamu n'okumanyissi.

Mutondewo empisa z'obuwangwa nga mubigabana mu maka n'obikolwa ebiraja okukendeza okukosebwa kwobwongo okwekirwadde kino.

Mu bifo ebisinga emusemo gyokumikutu si mirungi ku ngeri yokuwerezamu ebyetago .

Byabayizzi olwensonya yobutaba na mutimbagano n'emikutu emirala.

Okutongeza obulungi eri abantu.

Tongoza ebintu ebyokukolebwa mu kaseera akomugalo . muteese ebintu ebyokukola okukungeza, okusiba enviri, okulima , okujumba n'ebirala

Muteese emirimu gyawaka buli tunaku nga mugigabaganya, nga tutumulira ekikula.



Mutongoze empisa ku meeza oba emirimu emirala okukendeza okukosebwa mu bwongo okuletebwa ekirwadde kino.

Mweteke mu ngeri enygo eya radiyo okusomesa abavubuka n,abaana nga engeri eyokukendeza okusazo mu ebiblina n'okugala amasomero.

Yoneriza abasomesa okusomesa okuyita ku radiyo.

WHERE ARE YOU MOST LIKELY TO BE INFECTED BY THE VIRUS?





General Reliable Sources of Information:

World Health Organization
<https://www.who.int/es>

Specialized pages for journalists covering COVID-19
International Journalists' Network
<https://ijnet.org/en>

Global Investigative Journalism Network
<https://gijn.org/gijn-en-espanol/>

South Africa
<https://sacoronavirus.co.za/>

African Union
<https://africacdc.org/covid-19/>

World Health Organization Africa
<https://www.afro.who.int/health-topics/coronavirus-covid-19>

Cultural  Survival